

NONINSTRUCTIONAL OPERATIONSNutrition

The following guidelines shall be in effect:

- A. Foods served in the school before the end of the last lunch period shall contain, for each 100-calorie serving, at least 5% of the U.S. Recommended Dietary Allowance for at least 1 of 8 specified nutrients. Such a provision specifically precludes the sale of carbonated beverages, waterices unless made with fruit juice, chewing gum, candies, fondant, spun candy and candy-coated popcorn.
- B. Food sales may be conducted providing such sales do not occur during breakfast and lunch periods. Sales should be limited to those foods that make a nutritional contribution, such as corn chips, beef jerky, popcorn, fruit, cheese & crackers, juices, peanuts, sunflower seeds, ice cream, granola bars, yogurt, pretzels, fruit leather, trail mix, etc.
- C. Apple machines are acceptable at all times.
- D. Food that is sold must meet the health department's standards in regard to storage, preparation and serving.

Nutrition

The sale of competitive foods during the school day is difficult to monitor. Principals should review the federal guidelines which were released in the Federal Register (January 29, 1980). These guidelines have been incorporated into the procedures for this policy.